

Psychodrama Practitioner – Final work (after 2 to 2.5 years)

Pls hand your certification application two month prior to exam (last day is Oct. 15th of each year)

- Your biography/CV and a scan of university degrees
- Your A--Log and scanned of your certificates of participation
- Payment receipt for certification fees (from 2017: is included; from 2018 onwards: 7.000 Rs)
- a written work of 15 pages

The written work is

Just only on **ONE** single 60 to 120 minutes **SESSION**, which you have done with ONE client or ONE group (for example in therapy work). And psychodrama elements can be only one part of this! Please follow the structure and answer to all the questions below:

- a) The Setting (of your own practice)
- b) The Agreement (which you have with the client // setting/contract with the client)
- c) Description of the meetings you had with your client so far and further need for consultation the client reported
- d) In depth description of the psychotherapist-client meeting/session with **psychodrama approach/treatment-elements**:
 - a. Start of the session
 - b. Agreement of the session
 - c. Warming up (if any?)
 - d. Initial start and interventions
 - e. Main treatment and description of the psychodramatic methodologies used (protocol).
 - f. Any de-roling or other forms to bring the client back to normal
 - g. Any further agreements
 - h. Ending the session
- e) Reflection on the session
 - a. Was the assumption of the need/task before the session and after the session the same?
 - b. Which were the methods used? What is the core potential of this methods and approach? Why were they used? How it worked? Would there be any other method (psychodramatic/other) which would have same or even better effect?
 - c. What was the outcome for the client?
- f) Self-Reflection on once own role in the session.
- g) Self-reflection on the work as a therapist/counsellor after psychodrama training

The whole certified psychodrama practitioner training accordingly has 58 credit points (including the final seminar and supervision) and own study, the written work and oral exam according to the rules of the German Association for Psychodrama (DFP) and above FEPTO standards.